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# COLLEGE OF PHYSICAL EDUCATION

College of Physical Education emerged from the Department of Physical Education in the College of Education in 1999 and offer majors in Physical Education, Sports Business Administration and Athletics Coaching Education. From 1973, with the support of excellent faculty members and human resources who have a creative and enterprising spirit, we study and educate a profound theory for sport and physical education according to variety of curriculums and, through professional practical study, concentrate our efforts on cultivating sports scientists and physical education leaders who possess knowledge, virtue and physical health and producing specialists and leaders who will lead sports industrial world in the future in Korea.

## ○ Seminar in Special Topics

The purpose is to induce student's intellectual curiosity through face to face relation between professors and students and to activate mutual relation between colleagues as well as senior and junior, to encourage questing study activity to students, and to prepare in advancing to higher education. Lectures can be formed in various types such as seminar, research, workshop and actual training (learning by inspection) according to the professor in charge and there is strap line according to lecture contents for each professor in charge.

## Basis Courses

### • Summer Physical Fitness Training (3)

During summer vacation, through collective life, students reinforce physical strength, which is needed in sports events and experience summer sports and recreation. Team teaching can be under the coordination of the Dean and the Department chair.

### • Change Sport History (3)

Students observe what kind of character sports have according to age change, culture, education and industry by arranging with the order of each event how

sports have changed according to age flow.

- **Anatomy and Physiology (3)**

Students study the structure of human body and the general physiological function.

- **Winter Physical Fitness Training (3)**

Students reinforce basic physical strength which is needed in physical education and experience that body and spirit is one thing through winter sports such as skiing, skating, sledding and mountaineering. Team teaching can be executed.

## **Physical Education Major**

The Physical Education Major, the purpose of which is to contribute to the preservation and promotion of health or physical strength for human being through physical activity, tries to cultivate not only the perfect physical educators who possess knowledge, virtue and physical health but also scholars who comprehend theory of physical education, scientific principle and function of exercise.

- 1) Acquiring professional and profound knowledge through systematical study for applied science such as exercise prescription, sports medicine, adapted physical education and therapeutic recreation with the basis of basic science such as physical education philosophy, sports sociology, sports psychology and biomechanics.
- 2) Making it possible to cultivate various and professional ability of exercise curriculum through practical subjects and to apply these abilities to everyday life.
- 3) Developing the capability of understanding the phenomenon which occurs not only in various sports fields but physical education major as well, and coping with future-directed measure, through curriculum of studying health related physical strength training and research methods.

## **Major Courses**

- **Free Exercise (1)**

Students train the skills that make it possible to present several action of human body beautifully which was composed artificially to utilize human activity.

- **Volleyball (1)**

Students learn basic skills of volleyball and understand the rules.

- **Athletic Sport I (1)**

Students understand and learn the basics and application method of running, throwing and jumping.

- **Soccer (1)**

Soccer is one of the sports that everybody can enjoy it because of its simple game rule. Students can cultivate a social nature such as sense of cooperation, sense of responsibility and the law-abiding spirit, and its curriculum is composed so as to cultivate endurance, fighting spirit and judgment etc.

- **Sports & Social Culture (3)**

Students make the relation between sports and social culture clearly by understanding the effect that social culture influences on sports and sports on social culture.

- **Administration of Sports (3)**

Students cultivate the ability that can execute more efficient sports administration through theoretical combination of sports business administration and its application.

- **Introduction to Physical Education (3)**

By introducing the concept, characteristics and methods of humanism, social and natural science, students study detail field included each field and can learn the concept, characteristics and relation ship of the subjects within the subcategories of the subjects.

- **Athletics Coaching Education (3)**

The importance of this course is to meet with the fact that sports change into science in the era of changing to modern society, to contribute to improve the quality of human life, which is the final aim of sports and to cultivate competent athletics coaching leaders who possess professional attainment for physical strength

promotion of Korea and sports science.

- **Gymnastic I , II (1)**

Students acquaint themselves with an aesthetic expression, basic technology sports specific exercise effect, and refereeing method.

- **Basketball (1)**

By educating the history of basketball, characteristics, effect, game system and rule, students can learn by experiencing basic skill for basketball and game skill through a practical instruction. As for detail educating contents, there are summary of basketball game (history, characteristics, game method and rule), basic skill for basketball (pass and catch, dribble, shot, rebounding and foot walk), game skill of basketball (method of swift attack and delayed attack, man-to-man defense, zone defense), method to cultivate physical strength, coaching method, refereeing method etc.

- **Athletic Sport II (1)**

Students examine the connection closely between application steps of running, throwing and jumping and scientific research outcome.

- **Exercise Physiology (3)**

Students understand basic knowledge of the exercise mechanism related to skeleton, muscle, nerves, circulation and excretion etc.

- **Swimming I (1)**

Students make themselves familiar with basic method of swimming style such as sidestroke, basic backstroke, under-water stroke and treading water including four types of swimming style and the way how to adapt to the water. They also reinforce endurance and muscular strength which is needed to swim, improve softness of body and cultivate the ability to cope with water safety related accident.

- **Sociology of Physical E.d (3)**

Students contemplate in sociological side in connection with education policy

related with physical education, anthropology, cultural sociology and social system.

- **Taekwondo (1)**

Taekwondo is of help to personality improvement such as indispensable self-defense, mental culture and consideration for others. The purpose of this course is, to accustom themselves to the skill of basic motions, attack, defense, Taegeuk style and duel, to understand similar and different point with other martial arts and to make human being socially, mentally and physically ideal personality.

- **Sport History (3)**

Arranging past affairs about Oriental and Western sports in the order of era, students endow meaning that sports affairs have and find nowness.

- **Camping (1)**

It is carried out during summer vacation of second semester and synthetically operates nature-friendly program.

- **Swimming II (1)**

Learning more deepened contents by teaching not only the theory and practice that can executes four kinds of swimming style such as crawl, backstroke, breaststroke and butterfly but also efficient way of starting and turning, high grade of swimming coach can be produced.

- **Table Tennis (1)**

Students can understand the history of table tennis, basic skill and terms and on the basis of basic skill they make themselves familiar with applied skill and coaching skill for table tennis. And the aim of this course is to cultivate game tactics, quickness and coaching ability that make student get point in various occasion.

- **Information Processing of Computer (2)**

The aim of this course is, by learning computer utilization skill and basic statistics handling method, to raise the ability to analyze data gathered from the field of

physical education.

- **Motor development (3)**

Students understand the principle of motor development and growth, and grope an exercise cure that can contrive development and growth. And by learning the theory and principle of motor degeneration for the old, they seek an efficient participation plan to exercise for the old.

- **Nutrition in Health Promotion (3)**

In nutrition in health promotion, students research and study basis knowledge of proper diet applicable for chronic diseases including chesty, and nutriments to people for basic knowledge high blood pressure. They also learn proper amount and quality of nutrients for various body activities as well as efficient energy production and consumption.

- **Principles of Sport (3)**

Students theoretically examine justification for existence of sports happenings and the law between sports happenings and central function closely.

- **Korean Classic Dance (1)**

Students learn coaching ability for Korean traditional dance by considering its history and basic system and by cultivating applied ability based on basic knowledge through making themselves familiar with basic dancing form.

- **Biomechanics (3)**

This is for learning about mechanical principle of moving human body and for the study about its happenings.

- **Sport Safety (3)**

Students learn knowledge about makeshift measures and prevention for an injury and wound which occurs in sports field and cultivate practically applicable ability.

- **Intermediate Tennis (1)**

On the assumption that students have learnt basic skill and knowledge about

tennis, by training more deepened skill, they are taught to raise a high grade of coaching ability. And they understand the principle for game skill and tactics through practical games.

- **Skating (1)**

The aim of this course is to understand basic principle and characteristics of skating and to learn basic skill systematically.

- **Sport Administration (3)**

This studying is to investigate system and administration to manage sports happenings of the individual, group and community.

- **Sport Medicine (3)**

Students learn the medical function of sports for human and understanding of practical program.

- **Measurement and Evaluation in Physical Education (3)**

Students learn measurement method for physical strength and athletic function and understand the evaluating method with reliable data processing.

- **Reading of Physical Education in English (3)**

Students understand the terms about sports field and enlarge theoretical knowledge and by meeting with the original text they develop English ability and academic deepness.

- **Health Management (3)**

Students learn the knowledge about maintaining and promoting health through physical activity and a preventive measure about every kind of disease caused from lack of exercise, and understand the importance of sound living habit and its practical scheme.

- **Pedagogy of Physical Education (2)**

Students study education course of physical education, valuation, learning theory of instruction, importance of physical education in a secondary school and

characteristics of teaching subjects.

- **Research & Teaching Methodology in Physical Education (2)**

By understanding learning theory of physical education and teaching methodology which is a proper study of teaching materials and method in accordance with recent scientific facility and environmental capacity, the needed ability in a secondary school is developed through theories and practices.

- **Continuing Education in Physical Education (2)**

This course deals age-categorical, bodily and mental changing process from the young to the old. It is emphasized that body development and mental changing process of childhood, adolescence, manhood and old age period is in their interconnected relation. And students understand proper teaching methodology according to age or sex, and cultivate its applicable ability.

- **Sport Massage & Taping (1)**

Students cultivate the ability that can prevent and handle physical injury and problem which occurs in sports and physical activity field. They learn the merit and importance of sports massage and various function of injury rehabilitation through taping skill.

- **The Exercise Psychology (3)**

Students broadly study the psychology of healthy exercise by searching motive and emotion related with healthy exercise of people and analyzing and understanding the primary factor of their exercise participation, continuance and withdrawal.

- **Modern Dance (1)**

Students accustom themselves to basic skill of modern dance and learn the history and theory of it. Through practical training, their body becomes well balanced. And they can cultivate ability to express motion through creation of modern dance.

- **Introduction to Leisure and Recreation (3)**

Students understand the concept, variety and method of recreation comparing with the importance of leisure.

- **Theories of Prescription in Exercise (3)**

As everybody differs in his characteristics, students learn the knowledge about proper quantity and / or quality of exercise according to the individual characteristics of physical activity including exercise frequency, intensity, duration, and type.

## **Sport Management Major**

- 1) Cultivating creative sport manager by understanding the functions and roles of sport in modern society and sport system.
- 2) Understanding principles and applied theories of sport management, and cultivation of professional sports manager through the implication of interdisciplinary approach.
- 3) Cultivation of practical sports manager, who has both international sensibility and ability of practical business about sports industry.
- 4) Cultivation of ethical sports manager, who recognizes educational values of sports and can spread sports with soundness.
- 5) Cultivation of sports manager with service mind who promotes interchange and cooperation between the community and sports organization.

## **Major Courses**

- **Gymnastics (1)**

By comprehending exact motion and knack through understanding the characteristics of machinery exercise and learning basic skill, students cultivate coaching ability of Gymnastics.

- **Athletic Sport I (1)**

Students understand and learn basic application methods of running, shot-put and jumping among human exercises.

- **Swimming (1)**

Students are trained basic ability of returning alive in the water and learn basic swimming styles that make it possible to adapt safety and enjoy.

- **In-line skate (1)**

The purpose of this course is to understand characteristics and basic principles of In-line skate and to learn basic skills systematically.

- **Sports & Social Culture (3)**

Students learn the relation between sports and social culture clearly by understanding the effect that social culture influences on sports and sports on social culture.

- **Sport Management (3)**

Students learn practical sports management knowledge that makes it possible for them to act as a manager in sports industry by applying management theories and concepts based on understanding about the principle of sports and its system.

- **Introduction to Physical Education (3)**

Introducing the concept, characteristics and methods of humanism, sociology and nature science regarding physical education, students study details in each field and the concept, characteristics and relation of subjects on a school curriculum.

- **Athletics Coaching Education (3)**

The importance of this course is to meet with the fact that sports changes into science in the era of changing to modern society, to contribute to improve the quality of human life which is the final aim of sports and to cultivate competent athletics coaching leaders who possess professional attainment for physical strength promotion of Korea and sports science.

- **Sports Marketing (3)**

Students learn the knowledge and marketing strategies through basic marketing

principles related with sports industry and understand the role of marketing in the area of sports.

- **Sport Management Information (3)**

Students gather correct information needed in sports management and cultivate the ability to apply it reasonably by analyzing it properly, and especially understand broader application of computer system such as internet and master ability for information application through actual training.

- **Tennis (1)**

Students learn the history and game rule of tennis, which is in the limelight as a life sports and understand its role through learning basic skills of tennis.

- **Wind Surfing & Water Skiing (1)**

Students learn overall skills and techniques about wind surfing and water skiing, which is in the limelight as a water sports in summer and learn ability of safety for all activities in the water.

- **Sport Industry (3)**

Students understand the concepts, systems and fields of sport industry, which is in its rapid expansion in modern society and grasp various and unique knowledge and phenomenon driven from sport industry.

- **Project Recreation of Sports (3)**

Students understand participating sports and spectating sports, which is a large field in sport industry and learn or experience practical affairs about all kinds of planning in sports and leisure events or programs which are needed diversely in these fields.

- **Bowling (1)**

Students develop the ability to coach basic skills and theories by learning bowling technics and skills.

- **Ski (1)**

By understanding the outline, history and game rules of skiing and learning its

basic skills students develop coaching ability and apply it themselves.

- **Case Studies in Sport Marketing (3)**

By studying the various cases of current sport marketing students learn sports marketing strategies to apply it in sports industry and sport management.

- **Hockey (1)**

Students learn of the history, the ways, rules, skills, game operation and refereeing skills about hockey and develop the ability to apply it in the physical activities.

- **Racket Ball Game (1)**

The purpose of this course is to cultivate the quality to become a leader of each sports with priority given to each racket ball games and its contents is practical training, refereeing, experience of game operation and coaching methods, etc.

- **Sport Organization Management (3)**

Students understand the characteristics of variety of sports organizations according to the development of sports industry, and they, on the basis of this understanding, explain and predict the recognition and attitude about a relation between organization members and sports industry.

- **Sport Administration and Law (3)**

Students understand sports administrative concept through studying the change of sports administrative organization and its system and learn an efficiency of administrative system that gives a help to sports industry. And by studying the legal systems related with sports they learn to handle knowledge in the situation which needs a legal interpretation in a sports field or industry.

- **Practical English in Sport Management (3)**

Students improve English skills related with sport management to enhance each individual's international competence, and learn the ways of gathering management information in accordance with globalization and internationalization.

- **Golf (1)**

Students understand history and game rule about golf and learn basic skill. Laying emphasis on correcting posture, they acquaint themselves with putting skill and escaping skill like a bunker and rough, etc.

- **Climbing and Camping (1)**

Students learn basic principles and skills about climbing and constitute their personality or foster leadership through developing theoretical and practical abilities through outdoor activities.

- **Extreme Sports (1)**

Students experience happiness and health of mind and body through sports activity which is strong not only in its physical activity but in adventurousness as well, and foster sense of self-confidence and future-directed attitude which is needed to college students.

- **Sport and Public Relations (3)**

Students understand the role and importance of P.R in sports industry, and especially studying the relation between sports organization and mass media or local community, they cultivate the ability to maintain or reinforce positive recognition of the general publics for sports and its organizations.

- **Sports Media (3)**

As the subject seeing the roles, functions and its effects of mass-media which are directly connected to sports, it deals with basic contents that to what direction the press, broadcasting and other media should be managed in the area of sport.

- **Sports Agent (3)**

Students learn a systematical understanding and business area for sports agent that is thought to be promising field, and grasp a direct view about this field in the future.

- **Badminton (1)**

Students develop coaching abilities through practical learning about the history,

the ways, rules, techniques, game operation and refereeing of badminton.

- **Snow Board (1)**

Students learn theories and basic abilities about snow board which is revitalized as a life sports and winter sports like ski.

- **Measurement and Evaluation in Physical Education (3)**

This subject makes it possible to make reliable evaluation by learning exercise abilities and measuring methods of physical strength and by treating measured data statistically.

- **Pedagogy of Physical Education (2)**

Students study education course of physical education, valuation, learning theory of instruction, importance of physical education in a secondary school and characteristics of teaching subjects.

- **Research & Teaching Methodology in Physical Education (2)**

By understanding learning theory of physical education and teaching methodology which is a proper study of teaching materials and methods in accordance with recent scientific facility and environmental capacity, the needed ability in a secondary school is developed through theories and practices.

- **Sports Facilities Management (3)**

Students develop basic abilities about sports facilities and management of the program through understanding the sports facilities and characteristics or phenomena of the programs, which are basic elements in sports management and learning systematic and efficient management theories.

- **Sports Consumer Behaviors (3)**

Students understand a decision process of consumers in participating and spectating sports, and learn the concept and principle about its various internal, external and circumstantial elements.

- **Ocean Sports (1)**

Students develop the abilities to act safely in the ocean by experiencing various

sports like snorkeling, scuba-diving, rafting, diving and swimming that can be done in the ocean in summer, and learning its skills.

- **Hapkido (1)**

Students foster college life and social adapting ability by improving not only bodily health but also recognition ability for safety through learning various kinds of man-to-man defense and art of self-defense in hapkido.

- **Sport Management Practice (3)**

On the basis of the learned theories related with sports industry and management, students learn practical abilities which are needed to sports manager through real experiences and actual training in the field of sport industry.

- **Seminar in Sport Management (3)**

On the basis of the learned knowledge related with sports management, students learn an insight which is needed in sports industry in the future by improving all sorts of understanding about the methods of rational problem proposal, data collection or analysis, report produce and presentation.

- **Sports Economics (3)**

Students understand various economic affairs, which occur in connection with sport and learn the abilities to apply and adapt basic economic theories and principles in the sport industry.

- **Aerobics (1)**

Students improve physical strength of a respiratory and circulatory organ through aerobic exercise and motion accompanying music and rhythm and learn the training methods of physical strength which is needed as a coach of physical education in the future.

- **Competition Game (1)**

The purpose of this subject is to upgrade the quality to become a coach of each sports or by preponderantly training every kind of competition games, especially

martial-arts. And its contents are theories and training, refereeing methods, game operation and coaching methods in martial-arts.

## **Athletics Coaching Major**

Athletics coaching major cultivates athletics coaching leaders, who have both practical and theoretical technique in the student's major sports entry with the basis of student's excellent practical ability and systemic knowledge on the theory by learning method of guidance and subject of a basic major theory and concentrated practical technique needed to athlete. Especially, it makes it a target, through concentrated cultivation of athletic sport, ski, golf, horse riding, Taekwondo and ball game, to produce professional athlete such as representative athlete, coach, manager, gym manager, martial arts manager, knighthood policeman, staff of each game's team and employee of physical exercise facility etc.

## **Major Courses**

- **Volleyball (1)**

Students understand the basic skill and game rule of volleyball.

- **Free Exercise (1)**

Students learn the skill to beautifully express the various movements of human body which are artificially composed to make the human activity efficient.

- **Soccer (1)**

Students learn the concept, game rule and basic training method of soccer.

- **Sports & Social Culture (3)**

Students make the relation between sport and social culture clear by understanding the effect that social culture influences on sports and sports on social culture.

- **Administration of Sports (3)**

Students cultivate the ability that can execute more efficient sports administration through theoretical combination of sports business administration and its application.

- **Introduction to Physical Education (3)**

Introducing the concept, characteristics and method of humanism, sociology and nature science, students study detail field included each field and the concept, characteristics and relation of subjects on a school curriculum.

- **Athletics Coaching Education (3)**

The importance of this course is to meet with the fact that sports change into science in the era of changing to modern society, to contribute to improve the quality of human life which is the final aim of sports and to cultivate competent athletics coaching leaders who possess professional attainment for physical strength promotion of Korea and sports science.

- **Swimming (1)**

Students learn theory of four swimming styles and improve the posture, breathing, kick and arm movement by repeated training. Students set a goal to coach and a rescue effectively with learning all about swimming like side stroke, underwater swimming, stand stroke and etc including the four swimming styles.

- **Sociology of Physical E.d (3)**

Students study the education policy, anthropology and social system related to physical education on a sociological point of view.

- **Teaching Method in Basketball (2)**

By understanding the basic skill and rule of basketball, students cultivate the ability to teach in a field.

- **Teaching Method in Soccer (2)**

Students understand the concept, game rule and training method and have ability to teach soccer in a field.

- **Taekwondo (1)**

Taekwondo is of help to personality improvement such as indispensable self-defense, mental culture and consideration for others. The purpose of guidance contents for this course is, by accustoming themselves to the skill of basic motions, attack, defense, Taegeuk style and duel, to understand similar and different point with other martial arts and to make human being socially, mentally and physically ideal personality.

- **Handball (1)**

Students learn the basic knowledge and technique of handball. This technique includes basic technique (pass, catch, dribble etc), applied technique (faint, blocking etc), tactic technique (attack, defense method) and game method or rule. The goal of this subject is to develop the teamwork and team spirit by game.

- **Sports psychology (3)**

Students study physical problem which could not be dealt with by general physical principal method in a physical point of view and know how it acts and is applied in physical field by theoretical learning.

- **Nutrition in Sports (3)**

Students analyze nutrition needed for growth of human body, development and performance enhance and study nutrition needed in each game and learn energy metabolism for sports activity, prevention of diseases of adults, effective health care method and etc.

- **Intensive Reading in Sports English (3)**

Students intensively learn practical English conversation, reading original texts and etc to catch up with the globalization of sport.

- **Baseball (1)**

Students get a readership by learning teamwork, team sprit and basic tactical operations of game by basic baseball knowledge, related technique such as catching, throwing, batting, base running, defense & attack technique , tactical skill of each position and develop sociality by enhance a sprit of sacrifice and

responsibility during a game.

- **Statistics of Sports (3)**

Students understand a basic statistic which can write, explain and predict a special quality of a person or group correctly and concisely and understand an analysis model and method of result analysis.

- **mechanics (3)**

Students learn power's change to mechanical movement through the body function and skeletal structure by motor mechanics like relation between power and power of object as a part of physics which study law among powers to cause object movement and general object movement. Students learn it as application to athletics and sport based on science.

- **Infant & Children Sport Teaching (1)**

Students learn correct teaching method of basic exercise based on the knowledge of infant & children growth and find various exercises and sports types and develop method and tactics to make them have an interest.

- **Teaching Method in Golf (2)**

Students get an ability to teach golf based on history, tools, swing, rule and etiquette. Students specially find teaching method and tactics to teach the golf swing with effectiveness and in stages and learn skill to apply that to a field.

- **Studies in the Sport Philosophy (3)**

Students analyze the overall characteristics of physical education and review the contents and features and criticize the limit of it and finally develop an ability of philosophic study about athletics and sports.

- **Kinanthropometry (3)**

Students study the structure and change of activity of human body and learn measure and inspect method for efficient activity, body shape, function of exercise, measure method about social adaptation and arrange the result and learn the statistic technique.

- **Judo (1)**

Students get an ability to protect themselves and meet a threat from the outside by learning Judo technique like a hold which makes opponent immobile on the floor and a hip throw and basic posture, movement and applied technique of the art of self-defense and develop mental power to adapt to present-day life by cultivating a self control and fighting spirit.

- **Motor control & Learning (3)**

Students understand the theory of exercise and learn an effective method of learning exercise and get an ability to be able to use in a field by learning technique and knowledge to apply the theory of learning exercise to each exercise item.

- **Rugby (1)**

Students perfectly understand the basic knowledge and game rule about rugby and attain proficiency in carrying, passing, kicking and grounding. The goal is to improve the ability, which student should have as a leader.

- **Squash (1)**

The squash is a sport having a leisure sports concept and developed keeping steps with present society which is changing rapidly. It has merit to eliminate fat from body and body wastes as it is easy to play in door and needs much quantity of motion in short time. The goal of this subject is, giving the first consideration to practical skills, to develop the quality as a leader by teaching history, origin, tools, etiquette and method of exercise and etc.

- **Athletics Coaching Field Study (3)**

By visiting a field related with athletics coaching, students develop coaching techniques and consulting ability and cultivate, through conversation and consulting with athletics coaches and supervisors, real athletics coaching experiences which was experienced in the field by them.

- **Analysis of the Game Data (2)**

Students make phenomenon, which happens in a real game, or various objects

as data and learn the method of analyzing the gathered data.

- **Teaching Method in Volleyball (2)**

Students get an ability to teach in a sports field by understanding the applied skills and rules of Volleyball.

- **Teaching Method in Taekwondo (2)**

Students learn the skill of Taekwondo, Korean traditional martial arts, keep or improve their health and cultivate experiential teaching ability.

- **Body Building (1)**

The subject of body building is an exercise to build strong physically balanced strength. Weight training is done to make the balanced change of body and the goal is to make a balanced body shape.

- **Dance sports (1)**

Sports dance includes the England traditional ballroom and the Latin America dance. Students learn the basic knowledge and technique of various sport dances and get used to its manner and respect to other people. It is effective for improvement of physical strength and has goal to remove the stress in adaptation present day-life.

- **Pedagogy of Physical Education (2)**

Students study the process of physical education, theory of teaching and learning, valuation, importance of physical education of middle school and quality of teaching subjects.

- **Research & Teaching Methodology in Physical Education (2)**

By understanding learning theory of physical education and teaching methodology which is a proper study of teaching materials and method in accordance with recent scientific facility and environmental capacity, the needed ability in a secondary school is developed through theories and practices.

- **Specialize Training Teaching Method I (2)**

Students analyze and review the major game, method of game management,

various coaching type, functions of exercise and problems of teaching according to each class. The goal is to study the method used in real life and cultivate a quality as a leader.

- **Training Theory of Sports (3)**

Students study the method to improve the physical strength in aspect of physiology, anatomy, donating, and psychology and by recognizing the theory of coaching and mission as athletics coach they check and study various training methods. And at same times, students are directed to show their prominent readership in the field by studying, contrasting general teaching method, the relation between sleep and exercise & mechanics, nutrition and rest, plan of training and a management of test.

- **Teaching Method in Exercise (2)**

Students learn the theory, basic technique, refereeing and teaching method.

- **Method of Research in Sports (2)**

Students study the direction of sports study, the method of theory deployment of study method, the method of writing a treatise.

- **Specially Training Teaching Method II (2)**

It fills up Specialize Training Teaching Method I. Students analyze and review the major game, method of game management, various coaching type, functions of exercise and problems of teaching according to each class. The goal is to study the method used in real life and cultivate a quality as a leader.

- **Operation in Game (2)**

Students study a process about facility management which is needed for game operation activity.

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